

Recruiting 101

“Nothing will work unless you do,” Maya Angelou



SportsRecruits



College Recruiting Stats

- National Average: 7% play any level of college
 - Only 1.2% make it D1
- WI Elite 18s leaving program: ~95% got something from NAIA – D1
- 58.4% of players between 5'8" and 5'10"
- Preferred grades 3.0 GPA or higher and 24 ACT or higher

Steps needed to get noticed...

Create a highlight video of yourself.

Do research on the schools you may want to attend, for academics then find one that has openings on the incoming roster.

Dream big and be realistic.

Create an intro letter include what you like about the school and what their program has to offer you.

Setup a tour, either virtual or in person.

Send it out to the masses and keep promoting yourself.

Recruitment Dates

- June 15th after Sophomore Year of High School – verbal offers, electronic communications, phone calls
- Players can reach out at anytime however
- August 1st – before junior year – official and unofficial visits, off-campus contact can begin (D1)
- Anytime - before junior year - Unofficial visits for D2 & D3
- Quiet period: August 1-31, Dec. 1 – February 15, May 1 – 30th
- Recruiting material, camp invites, questionnaires can start anytime
- Full rules here: <https://www.ncsasports.org/womens-volleyball/recruiting-rules-calendar>

Create a video

Download Movavi Video Editor Plus \$70. for lifetime subscription \$40. for 1 year. Other editors fine too. Balltime built in.

Upload all your video content to Movavi and start cutting the video.

Set up your video in order .

Hitters: Clips of hitting, blocking, serve and some back row.

DS's: Digging, passing, hustle plays, serving.

Setters: Sets to RS, M, OH, Defense

Keep it simple no longer than 3-4 minutes and include at the end some raw game footage if you have some good ones. Plan to also have raw game footage to send.

Letter

- Write a good intro letter and get letters of recommendation.
- Send out your letter and video regularly. Keep an Excel sheet of dates sent and responses. SportsRecruits helps this process.
- The squeaky wheel gets the grease. Schools get countless emails.
- Don't place eggs all in one basket. Nurture leads – they can disappear quick.

SportsRecruits

Sports Recruits is the recommended platform of Elite.

Has a database of over 2000+ college needs by position and year.

Allows contact with coaches and accountability on follow-ups.

College research tool, major, size, academics, etc. Don't get caught up in D1 or bust. Know your coach, program, and staff, before just thinking about the volleyball program.

Group discount rate for Elite: \$100/player through July 31, 2025, versus \$400.

Assistance

- Patrick and Jon are here to help along the way. We have a list of every school and a list of what schools have available. We are here to share this information.
- Countless coach resources of contacts in colleges
- Dr. Monica Van Aken – college application services, premium service
 - Helped get into Harvard, Northwestern, Vanderbilt
 - College application 1 on 1 consultation work
- For those who do not have the time or resources, we can create the video for you at \$250/video, including edits.